# Services and Programs Offered

## **Program Highlights**

- CARF Accredited (Commission of Accredited Rehabilitation Facilities)
- Individualized Outpatient Substance Abuse Treatment services for Youth and Adults
- Bilingual Outpatient and Residential Substance Abuse services (Houston and Pasadena Locations)
- Adolescent Residential Treatment services (Adolescent Males)
- Prevention services
- Recovery support services

# **Accessing Services**

- Adult Outpatient Treatment Services please call our main office at (713) 921-2276 or our Baytown office at (281) 427-8786
- Prevention Services call (713) 534-8191
- Residential Treatment Services call (713) 534-8191

Unlimited Visions Aftercare, Inc. 5527 Lawndale St. Houston, Texas 77023

#### **Unlimited Visions Aftercare, Inc.**

Substance abuse treatment, prevention and recovery support services for adults and adolescents.



#### **Administrative Office:**

5527 Lawndale St. Houston, Texas 77023

> (713) 921-2276 (713) 921-7466

#### **Brief History of UVA**

UVA provides comprehensive substance abuse treatment services to adult men and women. In the years since 1996, Unlimited Visions has expanded services to include substance abuse prevention, intervention and treatment for adolescents and adults.

The mission of Unlimited Visions is to provide a highly effective treatment program in an outpatient and residential environment that meets the spiritual and physical needs of chemically dependent adults and adolescents on their journey of recovery.

Unlimited Visions Aftercare operates two outpatient locations in Houston and Baytown, a youth campus in Pasadena, and several school and community based sites throughout the greater Houston Area.

Unlimited Visions currently receives funding from the Texas Department of State Health Services, Harris County, Texas Department of Criminal justice, Federal Probation, Child Care Council, and self-pay. We also receive funding from the United Way of Baytown.

# **Outpatient Treatment Services**

Unlimited Visions Aftercare, Inc. (Unlimited Visions Aftercare) is a private, non-profit cooperation operating three office locations that provide services to six counties in region six. All locations provide intensive and supportive outpatient substance abuse treatment. All offices provide services Monday-Friday 9:00 am - 9:00 pm. Saturday, 8:30 am - 12:00 pm. Unlimited Visions Aftercare is licensed by the Texas Department of State Health Service.

We have a well-qualified team of staff members all dedicated to our mission. Our counseling staff

consists of Licensed Chemical Dependency Counselors (LCDC), and Counselor Interns (CI). We adequately staff our programs to meet the demands of our population. We have a proven program with proven relationships in the communities in which we work. Our programs are effective, cost efficient, and well received in the systems where we operate. Unlimited Visions Aftercare (Houston location) provides services for people who speak primarily English and for Spanish speaking clients.

Unlimited Visions Aftercare provides outpatient treatment services through our licensed treatment program to clients who indicate need, and we comply with all applicable state laws and regulations concerning treatment of clients at our treatment center. We provide face-to-face programming utilizing both individual and group therapy with an Individual Treatment Plan with flexibility allowing client participation with minimal disruption of employment and vocational programs. The average length of stay of our outpatient services are 135 days with client averaging 45 days Intensive treatment and 90 days supportive.

#### Adolescent Residential/Out-Patient Treatment Services

Unlimited Visions Adolescent Residential and Outpatient Treatment programs provide face-to-face programming utilizing both individual and group therapy with an Individual Treatment Plan.

- Our Intensive Residential Program is structured to provide 30 hours of chemical dependency services per week, with one individual session and one family session weekly.
- The average length of stay for our Intensive Residential Program is 45 days
- Our Supportive Residential Program is structured to provide 10 hours of service,

- family sessions and alternative activities are provided throughout treatment.
- Supportive (Transitional) Residential is 60 days.

### **Prevention Program Services**

Targets male and female adolescents, ages 13 - 17, who are at risk to use or experiment with drugs and alcohol. UVA utilizes an evident based curriculum called "Project Towards No Drug Use", which covers topics such as Peer Pressure, Alcohol & Other Drugs, Coping with stress, etc. This is a school based program and we are currently in numerous alternative schools within Harris and surrounding counties that includes HISD, Goosecreek ISD, Anahuac ISD, Spring ISD and other ISD's.

### **Recovery Support Services**

The purpose of Recovery Support Services is to increase the prevalence and quality of long-term recovery from alcohol and other drug addiction by mobilizing recovery support services. We have developed a recovery-oriented person centered workforce that can successfully integrate recovery support services and support individuals to both initiate and sustain their recovery. Our goals are to expand the availability and quality of recovery-oriented supports and services in various parts of the community including treatment settings, peerrun recovery community organizations and other community-based organizations.

Our main goals are to reduce the consumption of alcohol and drugs, community awareness and family education.